

**PRAYING GOD'S  
WORD**

**OVER MYSELF**

**WHEN I'M  
AFRAID**

# PSALM 46:1

THANK YOU GOD, FOR BEING  
MY PROTECTION AND MY  
STRENGTH.  
YOU ARE ALWAYS HELPING  
ME IN TIMES OF TROUBLE.

# PSALM 56:3

GOD, I AM AFRAID RIGHT  
NOW.  
HELP ME TO TRUST YOU.

## **ISAIAH 41:10**

**HELP ME NOT TO WORRY,  
BECAUSE YOU ARE WITH ME.  
HELP ME NOT TO BE AFRAID,  
BECAUSE YOU ARE MY GOD.  
GOD, I ASK THAT YOU WILL  
MAKE ME STRONG AND HELP ME,  
SUPPORT ME WITH YOUR RIGHT  
HAND THAT SAVES ME.**

# PSALM 91:11

THANK YOU GOD FOR PUTTING  
YOUR ANGELS IN CHARGE OF ME.  
THEY WILL WATCH OVER ME  
WHEREVER YOU GO.

## **2 TIMOTHY 1:7**

**GOD, YOU DID NOT GIVE ME A SPIRIT THAT MAKES ME AFRAID. YOU HAVE GIVEN ME A SPIRIT OF POWER AND LOVE AND SELF-CONTROL. THANK YOU FOR YOUR SPIRIT IS WORKING IN ME.**

**WHAT WAS YOUR FAVORITE VERSE  
TO PRAY FOR YOURSELF?**

**WRITE IT OUT:**

**WRITE A PRAYER TO GOD IN YOUR  
OWN WORDS:**